Towards reliable $\beta\beta$ decay matrix elements with uncertainties

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$\beta\beta$ decay is a second-order process, only to be observed when single- β decay is forbidden or suppressed



Only dozen promising candidates for detection, very long lifetimes Present half-life limits in ⁷⁶Ge, ¹³⁶Xe set to $T_{1/2}^{0\nu\beta\beta} > 10^{25}$ y, 10^{26} y!

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Lepton-number conservation

Lepton number is conserved in all physical processes observed to date Uncharged massive particles like Majorana neutrinos (ν) theoretically allow lepton number violation



 β decay, $\beta\beta$ decay...



Neutrinoless $\beta\beta$ (0 $\nu\beta\beta$) decay

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Neutrino mass hierarchy

The decay lifetime is

$$\left(T_{1/2}^{0\nu\beta\beta}\left(0^{+}\rightarrow0^{+}\right)\right)^{-1}=G_{01}\left|M^{0\nu\beta\beta}\right|^{2}\left(\frac{m_{\beta\beta}}{m_{e}}\right)^{2}$$

sensitive to absolute neutrino masses, $m_{\beta\beta} = |\sum U_{ek}^2 m_k|$, and hierarchy



Matrix elements needed to make sure KamLAND-Zen: PRL117 082503(2016) next generation ton-scale experiments fully explore "inverted hierarchy"

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$0\nu\beta\beta$ decay and new physics

Neutrinoless $\beta\beta$ decay can also be mediated by the exchange of a (not discovered) heavy-particle Barea, Horoi, Menéndez, Šimkovic, Suhonen...



Heavy-particle exchange: long-range pion exchanges dominate using effective field theory (EFT) arguments Prezeau et al. PRD68 034016(2003) short-range diagrams additionally suppressed: nucleons \sim 1 fm away



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Nuclear matrix elements

The Nuclear Matrix Element of the process has to be evaluated

$$\langle$$
 Final $|H_{
m leptons-nucleons}|$ Inital $angle=\langle$ Final $|\int dx\, j^\mu(x)J_\mu(x)|$ Initial $angle$

Nuclear structure calculation of the initial and final states: Ab initio, phenomenological...

Description of the lepton-nucleus interaction:

Evaluation (non-perturbative) of the hadronic currents inside nucleus: phenomenological, effective theory



CDMS Collaboration

Test of nuclear structure

Spectroscopy well described: masses, spectra, transitions, knockout...





Shell model: JM, Caurier, Nowacki, Poves PRC80 048501 (2009)

Energy Density Functional: Rodríguez, Martínez-Pinedo PRL105 252503 (2010)

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Neutrinoless $\beta\beta$ decay operator

The matrix element is $M^{0\nu\beta\beta} = \langle \mathbf{0}_{f}^{+} | \sum_{n,m} \tau_{n}^{-} \tau_{m}^{-} \sum_{X} H^{X}(\mathbf{r}) \Omega^{X} | \mathbf{0}_{i}^{+} \rangle$

- $\tau_n^- \tau_m^-$ transform two neutrons into two protons
- Ω^{χ} is the spin structure: Fermi (1), Gamow-Teller ($\sigma_n \sigma_m$), Tensor $\left[Y^2(\hat{r}) [\sigma_n \sigma_m]^2\right]^0$
- H(r) is the neutrino potential, depends on m_{ν}

$$H^{X}(r) = \frac{2}{\pi} \frac{R}{g_{A}^{2}(0)} \int_{0}^{\infty} f^{X}(pr) \frac{h^{X}(p^{2})}{\left(\sqrt{p^{2} + m_{\nu}^{2}}\right) \left(\sqrt{p^{2} + m_{\nu}^{2}} + \langle E^{m} \rangle - \frac{1}{2} \left(E_{i} - E_{f}\right)\right)} p^{2} dp \sim \frac{R}{r}$$

Closure approximation typically used tested to be valid to $\sim 10\%$ Muto NPA577 415C(1994) Sen'kov et al. PRC90 051301(2014)



$0\nu\beta\beta$ decay nuclear matrix elements

Large difference in nuclear matrix element calculations: factor $\sim 2-3$



EDF, IBM, QRPA large matrix elements: missing nuclear correlations? Shell model small matrix elements: small configuration space?

Shell model (configuration interaction)



Solve the many-body problem "exactly" around the Fermi surface

- Excluded orbitals: orbitals always empty
- Valence space: configuration space where to solve the many-body problem

 Inner core: orbitals always filled

Diagonalize valence space, other effects in H_{eff} :

 $egin{aligned} H \ket{\Psi} &= E \ket{\Psi}
ightarrow H_{eff} \ket{\Psi}_{eff} = E \ket{\Psi}_{eff} \ \ket{\Psi}_{eff} &= \sum_{lpha} c_{lpha} \ket{\phi_{lpha}}, \quad \ket{\phi_{lpha}} = a_{i1}^+ a_{i2}^+ ... a_{iA}^+ \ket{0} \end{aligned}$

Exact diagonalization: 10¹¹ dimension Caurier et al. RMP77 427 (2005) Monte Carlo shell model: 10²³ dimension Togashi et al. arXiv:1606.09056

Shell model configuration space: spectra

For ⁴⁸Ca enlarge shell model configuration space from *pf* to *sdpf* (4 to 7 orbitals) restricted to $2\hbar\omega$ excitations dimension of ⁴⁸Ti calculation increases from less than 10⁶ to over 10⁹



The 0^+_2 state in ⁴⁸Ca is brought down by 1.3 MeV in the *sdpf* calculation

Good agreement to experiment and with the associated two-proton transfer cross section $(2\hbar\omega \text{ states dominant in } {}^{48}\text{Ca }0^+_2)$

The difference in the ⁴⁸Ca two-neutrino $\beta\beta$ decay matrix element is about 5% between *pf* and *sdpf* calculations

Shell model configuration space: $\beta\beta$ decay

Nuclear matrix element decomposition in terms of J^P of decaying neutron pair Pairs dominate matrix element remaining J^P contributions cancel leading contribution Vogel, Engel, Šimkovic, Suhonen, Poves...





The contributions dominated by pairing (2p-2h) excitations enhance the $\beta\beta$ matrix element, but the contributions dominated by 1p-1h excitations suppress the $\beta\beta$ matrix element lwata et al. PRL116 112502 (2016)

Similar competition expected in other $\beta\beta$ decays

Shell model configuration space: $\beta\beta$ matrix element

From pf to sdpf nuclear matrix element enhanced only moderately $\sim 30\%$



sdpf matrix element close to many-body perturbation theory based on pf-shell calculation Shell model matrix element still much smaller than other approaches Theoretical uncertainty by using different interactions $\sim 20\%$, similar to different

pf-shell interactions

Similar enlarged configuration space calculations in progress with Monte Carlo shell model in ⁷⁶Ge, ⁸²Se, ⁹⁶Zr...

$0\nu\beta\beta$ decay without correlations

Non-realistic spherical (uncorrelated) mother and daughter nuclei:

- Shell model (SM): zero seniority, neutron and proton J = 0 pairs
- Energy density functional (EDF): only spherical contributions



In contrast to full (correlated) calculation SM and EDF NMEs agree!

NME scale set by pairing interaction

JM, Rodríguez, Martínez-Pinedo, Poves PRC90 024311(2014)

NME follows generalized seniority model:

 $M_{GT}^{0\nu\beta\beta} \simeq \alpha_{\pi} \alpha_{\nu} \sqrt{N_{\pi} + 1} \sqrt{\Omega_{\pi} - N_{\pi}} \sqrt{N_{\nu}} \sqrt{\Omega_{\nu} - N_{\nu} + 1}, \text{ Barea, lachello PRC79 044301(2009)}$

Pairing correlations and $0\nu\beta\beta$ decay

 $0\nu\beta\beta$ decay favoured by (isovector) pairing, disfavored by isoscalar pairing

Ideal case: superfluid nuclei reduced with high-seniorities

Addition of isoscalar pairing reduces matrix elements



Related to approximate SU(4) symmetry of the $\sum H(r)\sigma_i\sigma_i\tau_i\tau_i$ operator

Proton-neutron pairing and $0\nu\beta\beta$ decay

Separable collective interaction from shell model Hamiltonian KB3G Dufour, Zuker PRC54 1653(1996)

Monopole part: from KB3G

Multipole part: Diagonalize interaction in paring, particle-hole representations for each J, π

Large eigenvalues fix collective strenghts: isovector/isoscalar pairing, quadrupole...

$$\begin{split} H_{\text{coll}} &= H_{M} + g^{T=1} \sum_{n=-1}^{1} S_{n}^{\dagger} S_{n} + g^{T=0} \sum_{m=-1}^{1} P_{m}^{\dagger} P_{m} \\ &+ g_{ph} \sum_{m,n=-1}^{1} : \mathcal{F}_{mn}^{\dagger} \mathcal{F}_{mn} : + \chi \sum_{\mu=-2}^{2} : Q_{\mu}^{\dagger} Q_{\mu} : \end{split}$$



SU(4) symmetry: small matrix elements

Exact SU(4) symmetry $\Rightarrow M^{0\nu\beta\beta} = 0$ (mother and daughter nuclei in different SU(4) irreps)

SU(4) broken in nuclei (spin-orbit force...) but relatively small fraction of mother and daughter nuclei in same SU(4) irrep

If neutrino potential is omitted, $0\nu\beta\beta$ operator exactly symmetric under SU(4): Matrix elements almost vanish



Missing correlations breaking SU(4) symmetry, strongly impact $\beta\beta$ decay

Pairing correlations and light/heavy-neutrino exchange

 $0\nu\beta\beta$ decay matrix element from *sd*-shell to *sdpf* space ($2\hbar\omega$) increases more in heavy-neutrino exchange (short-range transition) enhancement due to pairing correlations (J = 0 pairs)



Deficiencies in shell model due to missing pairing correlations may be more apparent in heavy-neutrino exchange

IBM matrix elements and heavy-neutrino exchange

Pairing (J = 0) similar in shell model and IBM calculations but cancellation due to J = 2 pairs missing in IBM: similar to shell model heavy-neutrino exchange

Contrary to light-neutrino exchange shell model and IBM agree for heavy-neutrino exchange $\beta\beta$ decay!



$0\nu\beta\beta$ decay nuclear matrix elements

Isoscalar pairing correlations less important in heavy-neutrino exchange If isoscapar pairing is missing in IBM and EDF calculations heavy-neutrino exchange matrix elements should be closer to shell model



Probably more physics correlations missing: quadrupole pairing...

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Gamow-Teller transitions: "quenching"

Single- β decays well described by nuclear structure (shell model)



Theory needs to "quench" $\sigma\tau$ operator to predict Gamow-Teller lifetimes This puzzle has been the target of many theoretical efforts: Arima, Rho, Towner, Bertsch and Hamamoto, Wildenthal and Brown...

Anything missing in the many-body approach? Anything missing in the transition operator?

Chiral effective field theory

Chiral EFT: low energy approach to QCD, nuclear structure energies Approximate chiral symmetry: pion exchanges, contact interactions Systematic expansion: nuclear forces and electroweak currents



Weinberg, van Kolck, Kaplan, Savage, Epelbaum, Kaiser, Meißner...

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Nuclear matrix elements with 1b+2b currents



Smaller quenching q = 0.96...0.92 Ekström et al. PRL113 262504 (2014) Coupled-Cluster study of ¹⁴C, ^{22,24}O, Hartree-Fock normal-ordering

Towards theoretical uncertainties

Only a small *part of* the statistical uncertainties of matrix element calculations have been estimated:

- effect of different nuclear interactions: shell model, EDF Gogny/relativistic, QRPA...
- model parameters: g_{pp} (QRPA), $g_{A...}$
- c_i couplings in 2b current contributions

These statistical effects should be explored systematically

 correlations to other observables: single-β and two-neutrino ββ decays
 Gamow-Teller strenghts, excitation spectra, two-neutron transfer...

Systematic uncertainties much harder to estimate benchmark to ab initio calculations, controlled approximations



Effective field theory for β decay

In spherical nuclei, as typical $\beta\beta$ emitters, develop an effective field theory based on phonon excitations, expansion in breakdown scale Coello Pérez, Papenbrock PRC92 064309('15), PRC94 054316('16)





Once EFT couplings are fixed, predictions with uncertainties

Excitation spectra, electromagnetic transitions

Extend to β and $\beta\beta$ decays: matrix elements with estimated uncertainties Coello Pérez et al., in progress

Summary

Neutrinoless double-beta decay nuclear matrix elements key to fully exploit next generation experiments testing inverted hierarchy

- Matrix element differences between present calculations, factor 2 – 3
- New ⁴⁸Ca shell model result 30% increase, shell model Monte Carlo underway
- Include isoscalar pairing correlations in EDF-type and IBM approaches
- Understand g_A quenching?
 2b currents reduce matrix elements, further reduction due to many-body methods?
- Estimation of theoretical uncertainties: parameter variation and correlations effective field theory approach ab initio calculations



Collaborators





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